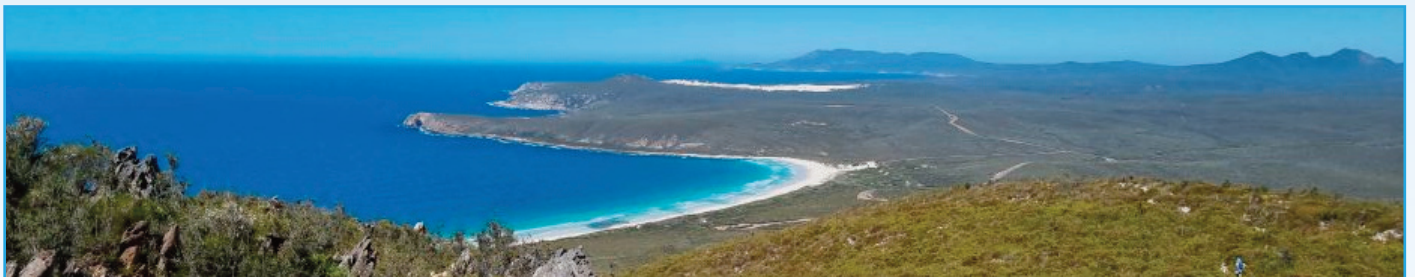


Cycle Touring Association of WA (Inc)

presents

On Your Bike Sculptures to the Sea Tour 2024



Saturday 21 September – Sunday 29 September

**Corrigin – Kulin – Lake Grace – Pingrup – Newdegate
Lake King – Ravensthorpe – Hopetoun**

Sculptures to the Sea Tour 2024

Our journey begins in Nadji Nadji Country in the southern wheatbelt at Corrigin.

As we ride to Kulin and then Lake Grace we will be riding along the 'Tin Horse Highway' with a heap of quirky and amusing sculptures made by the local farmers alongside the road.



At Pingrup and then Newdegate we will see the wonderful art works painted on large wheat silos. On the rest day at Newdegate we can visit the Holland Track and get to see and learn about regenerative farming and community supported agriculture.

After cycling on to Lake King we head south east into Wudjari Country in the south coast region.

Enjoy the 'Farm Gate Art Trail' alongside the road as we ride into Ravensthorpe and then again on the ride to Hopetoun. Don't miss the art works painted on the large wheat silos in Ravensthorpe.

Finally we arrive at the sea at Hopetoun and can enjoy a swim in the beautiful Southern Ocean. An optional bus trip will take us into the UNESCO biodiversity hotspot of Fitzgerald River National Park at peak wildflower season.



On the return journey by coach from Hopetoun we will stop at Wave Rock for catered morning tea and a quick look at the rock. Then on to Corrigin for lunch.

Riding distances:

Day 1:	Saturday 21 September,	Corrigin to Kulin	– 53.7 km
Day 2:	Sunday 22 September,	Kulin to Lake Grace	– 72.0 km
Day 3:	Monday 23 September,	Lake Grace to Pingrup	– 50.9 km
Day 4:	Tuesday 24 September,	Pingrup to Newdegate	– 80.7 km
Day 5:	Wednesday 25 September,	Newdegate	rest day
Day 6:	Thursday 26 September,	Newdegate to Lake King	– 63.2 km
Day 7:	Friday 27 September,	Lake King to Ravensthorpe	– 72.5 km
Day 8:	Saturday 28 September,	Ravensthorpe to Hopetoun	– 48.9 km

The cycle tour is fully supported and your luggage will be transported from town to town.

Costs:

- Entry for CTA member or first time OYB participant \$870
- Entry for non CTA member \$905
- Optional return coach journey with bike transport from Perth \$55
- Optional rest day Holland Track and Farm activity \$35
- Optional Fitzgerald River National Park bus trip \$20

Further details and entry form:

Go to <https://ctawa.asn.au/event/2024-on-your-bike> for –

- 'The Fine Print' with further details of the OYB Tour arrangements
- Entry Form for downloading
- E-bike Policy and Application Form if you would like to use an E-bike on the tour.

Sculptures to the Sea Tour 2024

The Fine Print

Volunteers

On Your Bike is organised by the *Cycle Touring Association of WA (CTA)* on a *not for profit* basis and requires volunteers from among the *participants*, you, to help with some of the daily tasks involved for the smooth running of the tour.

Tasks include:

- Breakfast assistance in the morning
- Baggage loading in the morning
- Assisting with the evening meal
- Breakfast setup after the evening meal
- General clean-up in the morning
- Minor bike repairs in the afternoon

If you would like to help in any of these tasks or the numerous other small tasks, please tick the box on the Volunteers section on the *Entry Form*.

We Provide

- A real cyclist's breakfast of cereal, toast, a variety of toppings, tea and coffee and most importantly the infamous 'On Your Bike' porridge. If you need a good start to the day before a long ride then the porridge will sustain you.
- Morning tea en route including tea, coffee and Milo. In-season fruit will also be available.
- A two course evening meal provided by a local organisation. If you have a dietary requirement, please indicate on the entry form
- Lunch on Day 1 and Day 9.
- A Sag Wagon if you or your bike require assistance en route.
- Luggage transport between campsites.
- Signposting en route for turn off locations.
- Volunteers at camp to assist with minor bike repairs.
- First aid support.
- Name badge and three luggage labels (two for your luggage and one for your bike).
- A tour booklet containing route directions and profiles and town maps and historical information.
- An electronic copy of the route directions available on the CTA Website
- Commemorative garment, being a cycle jersey for 2024.
- A shoulder to cry on and or a pat on the back when you achieve your personal goals.
- The best nine days of fun you will have this year!
- Complimentary membership for the remainder of 2024 to the Cycle Touring Association of WA (CTA). This offer only applies to non-members of the CTA who have not taken part in a previous On Your Bike tour

You Provide

- Your bicycle which must be in good mechanical condition and has been serviced at a local bike shop at least a month before the tour.
- An eBike may be granted with prior approval from the On Your Bike Organising Team. You will need to complete the eBike Application form in conjunction with your Entry form.
- Cycle helmet in accordance with AS/NZS Standards.
- Cycling accessories: water bottles, pump, spare tubes, tools and a bicycle lock.
- All your camping gear: small waterproof tent, inflatable mattress and a sleeping bag.
- Breakfast utensils: unbreakable plate, bowl, mug, cutlery and a tea towel for drying your utensils.
- Sufficient cycling and casual clothing and toiletries.
- Travel insurance, if required.
- Lunch: Day 2, Day 3, Day 4, Day 5, Day 6, Day 7 and Day 8. Participants will be advised during the tour where lunches can be purchased.
- Your sense of adventure and be prepared to have fun!

Luggage

- Your total allowance is 20 kg of which no one bag can be more than 12 kg. Luggage will be weighed at check-in.
- Please pack your gear into 'soft duffel' type bags. Suitcases are not acceptable.

Luggage Drop Off – Pre tour

Luggage drop off locations prior to the start of the tour will be available for participants. Luggage can be dropped off no later than the Thursday evening before the tour either south of the river to East Victoria Park by contacting Terry on 0439 922 765 or north of the river to Duncraig by contacting Roy on 0410 008 793. The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility for any theft or damage whatsoever to luggage whilst it is at either property.

Transport

Optional transport will be available for you, your luggage and your bike to get you to the start in Corrigin and return you at the end of the tour. The transport will leave from and return to the car park at the High Wycombe Train Station.

Vehicle Parking

For those participants electing to drive their own vehicles to the start at Corrigin, parking for the duration of the tour will be available at Corrigin Recreation Centre. A small donation fee of \$10 will be required, payable in cash.

The property owners and the Cycle Touring Association of WA (Inc) accept no responsibility or liability for any theft or damage whatsoever to the vehicle whilst it is parked at the Corrigin Recreation Centre.

Safety

- AS/NZS Standards approved cycle helmet must be worn while cycling.
- Headphones must not be used while cycling.
- Alcohol may only be consumed in accordance with relevant legislation.

Training

Cycle regularly on quiet roads before the tour. Use the bike and clothing you anticipate using on the tour to ensure you address any problems before the tour. During the six weeks prior to the tour you should ride for at least 50 km each week and try to complete one or two rides of about 50 km. There will be an opportunity to ride with some of your fellow tourers on Sunday 25 August. You are warmly invited to join the group which will start at the south side of the Narrows adjacent to the Toilet block for a scenic ride, with a morning tea stop at Leighton Beach.

Leader: Roy 0410 008 793

Age Conditions

Persons under the age of 18 on 24 August 2024 may only take part in the tour at the discretion of the OYB Organising Team and must be accompanied by a parent or guardian.

Tour Costs and Payments

Full payment is required with your entry form unless you intend to ride an eBike. Early application is recommended as the tour is limited to 90 participants. All tour costs include GST.

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| • CTA member (membership valid to 31/12/2024) | \$870.00 |
| • First Time OYB tour participant | \$870.00 |
| • Non CTA member | \$905.00 |
| • Optional Rest Day Trip in Newdegate to visit Holland Track and Farm | \$35.00 |
| • Optional Coach Trip in Hopetoun to visit Fitzgerald River National Park | \$20.00 |
| • Optional return Coach and Bicycle transport:
High Wycombe Train Station to Corrigin | \$55.00 |

Refund Policy

Cancellations received by Friday 23 August 2024 will receive a refund of 80% of the payment. Cancellations received after that date will only receive a 20% refund.